

# SPORTDISCUS QUICK GUIDE

## WHAT IS SPORTDISCUS?

SportDiscus is a journal database which contains articles on sport, fitness and related disciplines, including sport medicine, physical education, coaching and training, arts and history of sport, engineering and health and safety for sport.

This is a quick guide to help you to start using the SportDiscus database.

## HOW DO I ACCESS SPORTDISCUS

1. Click on the Sportdiscus link or your course page

Or

1. Go to Sport and Fitness Subject Guide
2. Go to Online resources and Media Databases
3. Click on the link to SportsDiscus

You do not need to sign in if you are accessing SportDiscus on-campus. If you are access the resource from home you may need to provide your student details. This will be your EC number and your password: the same details you would sign in to use Moodle or access the computers in college.

## HOW DO I SEARCH?



### Tips for effective searching

Using a single keyword as your search term, will probably find too much information to process. Use two or more keywords to refine your request and link them together using: **AND, OR, NOT**, or search for a **phrase** using **quotation marks** around your keywords eg "motor control".

AND = fewer, more specific results eg Sport AND motivation

OR = more results, broadening your search eg Sex OR gender

NOT = fewer results, excluding irrelevant information eg Athletics NOT javelin

## HOW DO I ACCESS ARTICLES?

The screenshot shows the EBSCOhost search results page for the query "Health AND fitness". The search results are displayed in a list format. The first result is titled "1. THE EFFECT OF USING THE SIX THINKING HATS STRATEGY IN TEACHING HEALTH AND FITNESS COURSE ON THE DEVELOPMENT OF CREATIVE THINKING AND THE ACADEMIC ACHIEVEMENT LEVEL." The second result is titled "2. Health-related physical fitness in Brazilian adolescents from a small town of German colonization." Below the title of the second result, there is a "PDF Full Text (5.4MB)" link. A callout box with an arrow points to this link, containing the text "Click on 'PDF Full Text' to access and download the article". Another callout box with an arrow points to the title of the second result, containing the text "Read more detail about the article by clicking on the title." The interface also shows a "Refine Results" sidebar on the left and a top navigation bar with options like "New Search", "Publications", "Thesaurus", "Cited References", "More", "Sign In", "Folder", "Preferences", "Languages", "Ask a librarian", "Help", and "Exit".

Click on "PDF Full Text" to access and download the article

## HOW DO I ADD ARTICLES TO A FOLDER?

To add an article to a folder simply click the folder icon next to an article.

You can then access your articles by clicking on the folder button on the top bar.

In order to keep items in your folder you will need to create an account. You can do this by following the link in the folder section.

## FURTHER HELP

If you have any questions regarding Sportdiscus then please don't hesitate to get in touch with your subject liaison by email, or pop into the library to speak to them.